# yuwell



**YE670D** 

**Electronic Blood Pressure Monitor** 

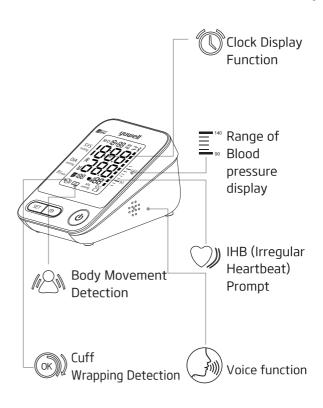
User's Manual

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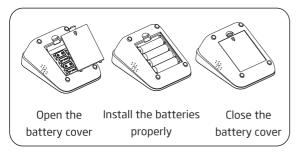
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Please follow the steps as shown below

#### Power-on

Install four AA batteries



(Please turn to page 14 for details)

Shelf Life
Shelf Life (Limited by Battery): 1 Year.
The shelf life of the device depend on the life expectance of AA battery, the AA battery could be replaced by user at home.

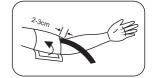
#### Measurement

1. Using method of cuff

Wearing the cuff and make the lower edge 2~3cm above the elbow, keep the air tube inside of the arm.

(Please turn to page 20 for details)





2. Measuring posture

Sit straightly, keep the center of cuff and heart at the same level.

(Please turn to page 21 for details)



3. Start measuring

Sit still for 5 minutes and then Press the "  $(\bullet)$  " Button to measure.

(Please turn to page 22 for details)

#### Check the records

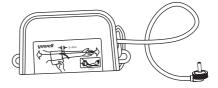
Press the button of " m " to check the measuring records.

This monitor can display the average measurement and store 60 records. (Please turn to page 28 for details)

## 1. Main part



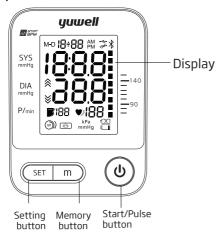
#### 2. Cuff

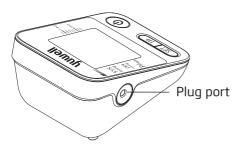


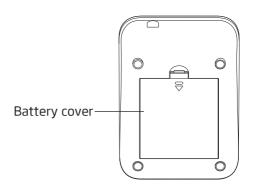
#### 3. Accessories

User's manual, Warranty card, 4 AA batteries

### 1. Main part

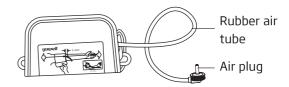




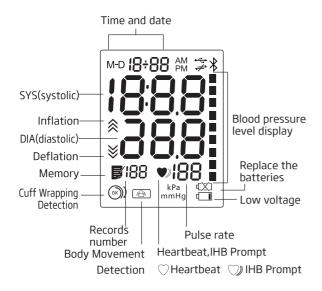


#### 2. Cuff

The suitable upper-arm circumference: 22cm~32cm.



#### 3. Display



# signs and symbols

Pay attention with the symbols shown here to prevent harm or damage to the user.

p. c. c. c.	prevent narm or damage to the user.			
<u>^</u>	Attention			
0	Note on important information			
潦	Type BF application part			
Œ	Consult the manual			
***	Manufacture			
M	Date of manufacture			
ECREP	EC-Representative			
X	Symbol for the marking of electrical and electronics devices according to Directive 2002/96/EC			
1	Temperature range			
<u></u>	Humidity range			
<b>∮</b>	Atmospheric pressure range			
100	Safety and environmental protection use period for 10 years			
IP 21	IP Classification			
( <b>€</b>	This device fulfils the provisions of EC directive 93/42/EEC (Medical Device Directive).			

#### 1. Range of application

- ▶ This product is intended to measure the blood pressure and pulse rate of adult at household or medical center(not suitable for neonate, pregnancy or pre-eclampsia.)
- ▶ Product contraindication:No use contraindication

#### 2. Attention items

Pay attention to the following points when measuring or it may cause the incorrect results. Sit still for 5 minutes before measuring to ensure quiet and stable mode.

- Do not take the measurement within 1 hour of eating ,smoking, drinking wine or coffee (black tea).
- Do not measure while standing, walking or having body pressed.
- Do not take the measurement after sport or bath.
- Do not speak, move, shake arm or bend fingers while measuring.
- Do not take the measurement at extreme temperature condition or the varied severely environment.
- Do not take the measurement in a moving vehicle.

- Do not measure continuously. (5 minutes or more should be spared between two measurements).
- Please reinstall the batteries and start again if cannot measure.
- For patient of arrhythmia, measuring results may not be accurate.
- Do not keep the cuff in the inflated state for a long time.
- The patient is an intended operator.
- Do not swallowed small parts that may cause choking hazard.
- The device must not be used with high frequency surgical equipments.
- It will affect the measurement accuracy if the arm circumference is out of the given value.
- Do not use the CUFF over a wound arm or being on an intravenous drip.
- Consult your doctor if using the device on the arm with an arterio-venous (A-V) shunt.
- Do not use the cuff on the arm where the side of a mastectomy.

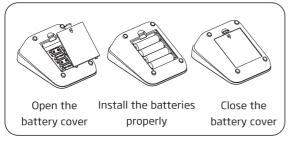
- Note that It will lose function on the same limb while cuff inflating.
- Do not allowed frequent measurements the resulting restriction of the blood flow may cause injury.
- Avoid compression or bending of the cuff connection tubing while using the device.
- Please using soft dry cloth stained with 75% ethanol to clean the device in the case of many people use, but do not let the ethanol flow into the monitor and arm cuff.
- Please use the alkaline battery, do not use the rechargeable battery.
- According to the local laws and regulations to deal with battery.
- Note: Do not diagnose with the measurement, Please follow doctor's instruction. Statement: If the monitor has not been stored in the required temperature and humidity range, it may not conformance to specification.

- Please observe the following items to protect the device and ensure the accuracy of measurement.
- Please store the monitor and accessories properly after use.
- Do not place the monitor and accessories in high temperature, moisture, dust, or exposure to sunshine.
- The cuff contains an bladder inside, please care in applications, do not fold, pull or twist it.
- Do not modify the device without authorization.
- Do not replace the parts without authorization.
- Please clean the monitor with soft dry cloth. If it's necessary, please use wiped soft cloth with water or neutral detergent before cleaning by soft dry cloth.
- Using absorbent cotton to wipe gently with rubbing alcohol, disinfection of the machine when it necessary. Do not use detergent to clean.
- Do not let water seep into the device.

#### Tips!

We suggest to calibrate the monitor (at least once a year) according to local laws and regulations.

- ▶ Open the battery cover and install four AA batteries properly. Then close the cover with a click sound
- ▶ Aligning the +ve and poles of each battery with the +ve and -ve signs imprinted on the battery housing of the device.



- ► The" ☐ icon appearing means the battery is low.
- ► The" Ticon appearing means the battery is running out. Please replace all the batteries.
- ▶ Please take out the batteries if the monitor will not be used for a long time (over three months).

The monitor will store the measuring results automatically by the management system.

It is necessary to reset time and date after installing new batteries or connecting to DC power. Please operate as following steps. (For example: setting the date as 2016-1-15 and time as 08:28)

- 1. Year setting: Press the" (SET) " button for more than 3 seconds till the number starts flashing.
- 2. The year increase once press the " m " button.
- 3. Press the "SET" button to switch to the month setting.
- 4. Using the same way for other settings.





Year character blink

Month character blink





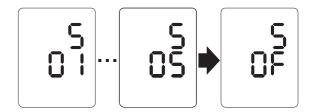
Date character

Hour character blink





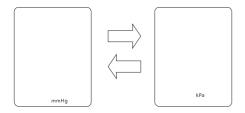
After finishing the date and time setting, pressing the "SET" button to enter the voice function setting, The voice volume value is Appeared on the screen(range: 01-05). The volume value increase once press the "m" button, When the volume reaches the maximum volume 05, then press the "m" button, you can turn off the voice function. Finish by pressing the "SET" button.



#### mmHg/kPa setting

## Using method of cuff

After finishing the Voice function setting, pressing the "SET" button to enter the mmHg/kPa unit setting. Press the "m" button to switch between these two units. Finish by pressing the "SET" button.



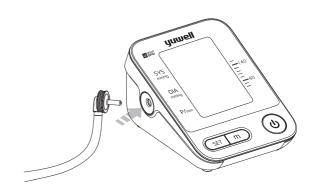
After unit setting, press the " (b) "button to shut down.

#### Tips!

Either of arms can be measured.

# Cuff connecting

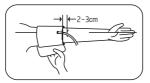
Connect the air connector of the cuff to the socket which on the left side of the monitor.



## Using method of cuff

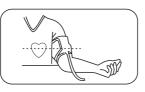
 $\blacktriangleright$  Wind the cuff around the upper arm. ( as shown

In the picture) Keep the lower edge of the cuff at the position above 2-3cm to the elbow joint and keep the air inlet which insert to the cuff at the inner side of arm.



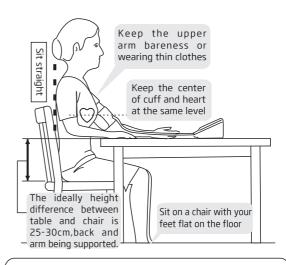
▶ Stick the cuff tightly.

Note: The cuff should be wearing comfortably, avoiding too tight or loose.



Sit straight and flat the arm on table with palm up, also keep the center of cuff and heart at the same level. Also please ensure the air tube not twisted.





#### Wrong measurement postures

- ▶ Do not bend down or body bend forward.
- ▶ Do not sit with legs crossed.
- ► Do not sit on a sofa.(Belly pressure may increase the blood pressure)
- ▶ Do not put the arm on the low table.(May increase the blood pressure)



Don't eat, smoke, drink, take bath or do any high impact sport within half an hour before measuring. Measurements shall be taken at the same time every day.

Sit still for 5 minutes before the measurement

#### 1. Measurement

All icons on screen appear for 1 sec after pressing the" (b) "button, then disappear. After that the deflation icon flickers which means the system is in zero testing. Several seconds later the inflation icon flashes which means the zero testing is finished. Then inflation starts.



Full screen display state





The zeroing state

The inflation state

The monitor starts measuring automatically after inflation finished, and the measuring icon " ♥ " starts to flicker, pressure release value starts to decrease gradually. Please maintain the position during the measurement and don't speak or move body or hand.



The measuring state

#### 2. Measurement finished

After measurement, the monitor will show the SYS, DIA and pulse rate, then inflate the air automatically.





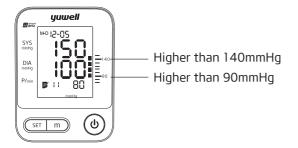
3. Take off the cuff

#### 4. Shut down

Press the" (b) "button to shut down. Also it will power off automatically in 30 seconds without any operation.

#### Blood pressure range indicator

- ▶ If the SYS is higher than 140mmHg or DIA higher than 90mmHg means having high blood pressure. Please contact with doctor for advice.
- ▶ Also the Blood pressure range indicator can show the blood pressure intuitively.



#### Tips!

- ▶ The time interval between two measurements should be at least 5 minutes or longer.
- ▶ Estimate the blood pressure condition according to the BP classification table, and consult the doctor.

#### Tips!

The monitor will store the measurement data automatically (including time, date, blood pressure and pulse), and the upper limit of records is 60. Press the " m "button to check the records.

Marning: Upper limit pressure of air inflation is 290mmHg/38.7kPa. Don't keep the inflated state for a long time to avoid damage.

#### Memory function

Memory function

- 1. Press the " m "button for the records.
- A. Press the m button to show the average value of the latest 3 times measurement.
- B. Repress the "m" button to display the 1st group of memory, the serial number is displayed as "1" to "60". "1" is the latest group and the "60" is the earliest one.





The average value 
The 1st group of memory

#### Tips!

The 60th data may be replaced by the 59th when the memory capacity is full. The 1st data may be replaced by the new data.

C. Read the recorded data by pressing the " m "button as the sequence: "1", "2" ......"60"(max). Then return to the 1st.

Holding the " m " button to search the data quickly.

- D. Press the "  $\textcircled{\textbf{0}}$  " button to shut off the monitor.
- 2. Delete the recorded data

press the both " SET " button and " m " button until the display shown as the following picture, which means the recorded data is cleared.

Press the " U " button to turn off the monitor after deleting.

Note: This operation will delete all the recorded data.

#### Cuff Wrapping Detection

If the cuff winded properly, it will show the " $\bigcirc$ " icon. Otherwise it will show the " $\bigcirc$ " icon, then press the " $\bigcirc$ " button to stop and wind properly to measure again.

#### **Body Movement Detection**

It will show the " icon, if body moves when measuring. Please measure again or it will show inaccurate results.

▶ Press the " SET " button and it will show the current time, as shown blew:



▶ Press the " SET "button again and it will show the current date, time and pressure unit, as shown blew:



▶ Press the " (b) " button to shut down the monitor.

This function is mainly for professional personnel to enter the static mode to test the monitor through standard pressure gauge.

Narning: Normal users don't need to know this function and also do not operate. The company will not take any responsibility for damage caused by this operation.

## System restores

Press the "0" button after battery installation, then the screen will show the " $\gtrless$ " icon, which means the system is in restore testing. Several seconds later, the " $\gtrless$ " icon disappears and the air pump starts inflating at the same time, which indicates the test ended. Then press the "0"button to stop inflating and take out the batteries to enter the next step.

Note: It must restore the system before entering the static mode, otherwise it may cause inaccurate results.

#### Entering the static mode

Press the " m "button and hold, meanwhile install the batteries. Hold on for about 3 seconds then release the" m "button. Then screen will show the pressure value " " ", the date and time. Now the system has restored and entered the static mode. Now can take the static test.

#### Tips!

- ▶ After entering the static mode, if the screen still doesn't show "♣", please operate again as the System restore. Please contact with the local distributor if it still does not work.
- ► The monitor will automatically power off if there is no operation in 4 minutes.



The static mode

# Common questions of blood pressure measurement

#### 1. What is blood pressure?

Blood pressure is the force exerted by blood against the walls of the arteries. Systolic pressure occurs when the heart contracts. Diastolic pressure occurs when the heart expands. Blood pressure is measured in millimetres of mercury (mmHg). One's natural blood pressure is represented by the fundamental pressure, which is measured first thing in the morning while one is still at rest and before eating.

# 2. WHO Blood Pressure Classification Standards to assess high blood pressure, without regard to age, have been established by the world Health Organization (WHO), as shown below:

Range	Systolic pressure kPa/mmHg	Diastolic pressure kPa/mmHg	Counter measures
Ortho-arteriotony	12.0~18.5kPa 90~139mmHg	8.0~11.9kPa 60~89mmHg	Self check
Mild hypertension	18.7~21.2kPa 140~159mmHg	12.0~13.2kPa 90~99mmHg	Consult dr.
Medium hypertension	21.3~23.9kPa 160~179mmHg	13.3~14.5kPa 100~109mmHg	Consult dr.
Severe hypertension		≥14.7kPa ≥110mmHg	Danger! Go to hospital as soon as possible

# Common fault and trouble shooting

Common fault	Solutions
It doesn't work after pressing the "	Check the batteries are installed correctly
with batteries installation	Replace new batteries
	Check the connection and winding of cuff
Multiple occurrences of measuring failure, or measured value is low (or high)	Check if the cuff winded too tight or too loose. Take off your clothes if rolled too tight of cuff
	Please ensure a quiet, relaxed body state o. Deep breathing to relax yourself before measurement
The monitor is in good condition, but the each measuring result are different	Please read the "blood pressure variations"carefully
The value is different from that measured at a clinic or doctor's office	Write down the value every day, and consult a doctor
Pump works, but the pressure doesn't rise	Check whether the cuff has connected well

#### Common fault and trouble shooting

Technical parameters

The table below shows the possible fault displaying icon, possible reason, and solutions.

Wrong indication	Fault cause	Solution
Err4	Unable to measure pressure	Fasten cuff correctly before measurement
Err5	Pressurizing error	Check if there is air leakage from the cuff
Err6	Pressurizing error caused by arm or body motion	Keep arm and body still and measure again
Err7	Cuff is too lose or fall off	Fasten cuff tightly
Err8	Pressure exceeds the maximum value (290mmHg)	Measure again please
Showing low voltage icon	Battery is low	Replace new batteries
Showing the	Battery is running out	Replace new batteries

Warning: If the situations cannot be solved or unexpected problem happens, please consult the local distributor.

► Model	YE670D

▶ Display	LCD digital display

Measuring	Oscillation mensuration
method	

► Measuring range 0-280mmHg ► Cuff Pressure 0-450mmHg

▶ Pulse rate 40-200 time/min

► Precision Pressure: ± 3mmHg( ± 0.4kPa)

Pulse: ± 5% of reading value

classification

▶ Power supply 4X1.5v === AA batteries

► Battery life 300 times ► Cuff size 22~32cm

▶ IP Classification IP21

▶ Service life 5 years or 50 thousand times

► Weight Approx.267g

▶ Dimension Approx.127x93x74 (mm)

► Operating +10°C to +40°C/15% to 90%RH temperature (non-condensing)

/Humidity

► Storage temperature /Humidity -20°C to +55°C/15% to 90%RH

(non-condensing)

#### Technical parameters

► Operating/Storage 80kPa to 105kPa atmospheric pressure

There is the potentia risk of radio frequency interference between the device and other devices. If there is, please find out the problems and take the following measures:

- (1) Turn off the device, and turn on again.
- (2) Change the direction of the device.
- (3)Keep the product away from the interferential devices.

#### The contact materials detail of product

Part		Material	
Rear Cover		ABS	
Top Cover		PC	
Cuff	Magic paster	Nylon	
Culi	edge cloth	Polyester cotton	
Air tube		PVC	
Air plug connect		ABS	
Iron loop		Iron nickel plating	

#### Electromagnetic compatibility information

Table 1

#### For all ME EQUIPMENT and ME SYSTEMS

Guidance and manufacture's declaration- electromagnetic emission			
The YE670D is intended for use in the electromagnetic environment specified below. The customer of the user of the YE670D should assure that it is used in such and environment.			
Emission test	Compliance	Electromagnetic environment- guidance	
RF emissions CISPR 11	Group 1	The YE670D uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.	
RF emissions CISPR 11	Class B	The YE670D Blood Pressure	
Harmonic emissions IEC 61000-3-2	N/A	Monitor is suitable for use in all establishments, including domestic establishments and those directly connected to the	
Voltage fluctuations/ flicker emissions IEC 61000-3-3	N/A	public low-voltage power supply network that supplies buildings used for domestic purposes.	

#### Electromagnetic compatibility information

# Table 2 For all ME EQUIPMENT and ME SYSTEMS

#### Guidance and manufacture's declaration-electromagnetic emission

The YE670D is intended for use in the electromagnetic environment specified below. The customer of the user of the YE670D should assure that it is used in such and environment.

assare that it is used in such that criviloriment.			
Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment-guidance
Electrostatic discharge (ESD) IEC 61000-4-2	±8 kV contact ±15 kV air		Floors should be wood, concrete or ceramic tile. If floor are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fasttransient /burst IEC 61000-4-4	± 2 kV for powersupply lines ± 1 kV for input/output lines		N/A
Surge IEC 61000-4-5	± 1 kV line(s) to line(s) ± 2 kV line(s) to earth		N / A
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5 % Ut (>95 % dip in Ut) for 0.5 cycle 40 % Ut (60 % dip in Ut) for 5 cycles 70 % Ut (30 % dip in Ut) for 25 cycles <5 % Ut (>95 % dip in Ut) for 5 s		N/A
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	30A/m		Mains power quality should be that of a typical commercialor hospital environment.

NOTE: U<sub>T</sub> is the a.c. mains voltage prior to application of the test level.

### Electromagnetic compatibility information

Table 3
For ME EQUIPMENT and ME SYSTEMS that are not LIFE-SUPPORTING

# Guidance and manufacture's declaration-electromagnetic immunity

The YE670D is intended for use in the electromagnetic environment specified below. The customer or the user of YE670D should assure that it is used in such an environment.

that it is us	that it is used in such an environment.			
Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment-guidance	
Conducted RF IEC 61000- 4-6 Radiated RF IEC 61000- 4-3	3 V <sub>rms</sub> 150 kHz to 80 MHZ 10 V/m 80 MHz to 2.7 GHz	N/A 10 V/m	Portable and mobile RF communications equipment should be used no closer to any part of the YE670D,including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. Recommended separation distance: d = 1.2√P d = 1.2√P 80 MHz to 800 MHz d = 2.3√P 800 MHz to 2.5 GHz Where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in metres (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, should be less than the compliance level in each frequency range. Interference may occur in the vicinity of equipment marked with the following symbol: ((○))	

#### Electromagnetic compatibility information

# Table 3 For ME EQUIPMENT and ME SYSTEMS that are not LIFE-SUPPORTING

#### Guidance and manufacture's declaration-electromagnetic immunity

The YE670D is intended for use in the electromagnetic environment specified below. The customer or the user of YE670D should assure that it is used in such an environment.

Immunity	IEC 60601	Compliance	Electromagnetic
test	test level	level	environment-guidance

NOTE 1  $\,$  At 80 MHz and 800 MHz, the higher frequency range applies.

NOTE2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

A.Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the YE670D is used exceeds the applicable RF compliance level above, the YE670D should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the YF670D.

B. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

#### Electromagnetic compatibility information

#### Table 4

# For ME EQUIPMENT and ME SYSTEMS that are not LIFE-SUPPORTING

Recommended separation distances between portable and mobile RF communications equipment and the YE670D

The YE670D is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the YE670D can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the YE670D as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power	Separation distance according to frequency of transmitter(m)				
of transmitter (W)	150 kHz to 80 MHz d = 1.2	80 MHz to 800 MHz d = 1.2	800 MHz to 2.5 GHz d = 2.3		
0.01	0.12	0.12	0.23		
0.1	0.38	0.38	0.73		
1	1.2	1.2	2.3		
10	3.8	3.8	7.3		
100	12	12	23		

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be determined using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

NOTE2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures objects and people.

Health diary	Health diary
•	